



What to bring with you

We suggest that students should bring:

- Suitable clothing for the duration of their stay – t shirts, jeans, shorts, a warm sweater, night wear, underwear, casual jacket etc.
- **Lots of soccer clothing – including boots (preferably 2 pairs, with short and long studs) training shoes and wet weather clothing. SHINGUARDS must be worn in all soccer sessions.**
- Swimwear
- Towels (for every-day use and swimming)
- Bath robe (student's own preference)
- Toiletries
- Laundry bag
- 2 pin to 3 pin UK plug adaptor for electrical items
- Mobile phone charger and adaptor
- Pens, pencils, notebook and dictionary
- A lockable suitcase or a small coded padlock

Due to the large number of students at the colleges, we strongly recommend that students mark their clothing with their names to avoid lost property.

We strongly advise that students do not bring any valuable items, in particular:

- Expensive / Exclusive mobile phones
- MP3 players, iPods etc.
- Computer consoles, hand held Play Stations (PS 2)
- Expensive jewelry / watches
- Credit cards and large amounts of cash (for pocket money we suggest around £100 per week as a guideline amount)

NB – There is a safe on site in the office for keeping Passports / Travel Documents.